

The logo for Scarboro Missions, featuring the words "SCARBORO" and "MISSIONS" in a bold, white, sans-serif font. The letters are slightly tilted and have a subtle shadow effect. A small globe icon is integrated into the letter "O" of "MISSIONS".

SCARBORO  
MISSIONS

# Lenten Journey 2009

## Meditation Series

Scarboro Missions welcomes you  
to reflect on some Catholic  
sources of prayer and meditation

Wednesdays 7:30 p.m. - 9:00 p.m.

- Wednesday — **March 4** Meditation with the Holy Spirit  
*by* Joe Clarkson — Retreat Director
- Wednesday — **March 11** Reflection on St. Theresa of Avila (Part I) and Meditation  
*by* Nada Conic – Lecturer University of Toronto and spiritual  
counsellor at Manresa Retreat Centre.
- Wednesday — **March 18** Reflection on St. Theresa of Avila (Part II) and Meditation  
*by* Nada Conic – Lecturer University of Toronto and spiritual  
counsellor at Manresa Retreat Centre.
- Wednesday — **March 25** The Prayer and Meditation of Filipino nannies in a foreign land  
*by* Robina Rey & friends.
- Wednesday — **April 1** "A Fool for Christ" - Spirituality of St. John Bosco & Meditation  
*by* Steven Aldorasi — Youth Liaison, Scarboro Lay Missions.
- Wednesday — **April 8** "Call to be a Blessing" Repentance in the Judaeo-Christian  
Practice & Meditation *by* Sr. Lucy Thorson, NDS

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