



*COME ALL WHO
LABOUR AND I WILL
GIVE YOU REST*

(MT. 11:25-30)

Directions

SUBWAY: BLOOR/DANFORTH subway line to VICTORIA PARK STATION. Take the 112 (Kingston Road Bus) to ST. THERESA'S SCHOOL bus stop on KINGSTON RD. walk EAST to Mission Centre around the back of the building. **Or** BLOOR/DANFORTH subway line to WARDEN STATION. Take the 9 (Bellamy Rd. Bus) to BRIMLEY RD. bus stop. Walk one block SOUTH to KINGSTON RD. go through traffic lights to Mission Centre around the back of the building.

BY CAR FROM DOWNTOWN (Centre): East on BLOOR STREET which becomes DANFORTH AVE. and then becomes KINGSTON RD. Travel to BRIMLEY RD. Go south on Brimley and turn right at first driveway entrance on your right.

VIA THE GARDENER EXPRESSWAY OR LAKESHORE BLVD. Eastbound: Stay on Gardiner which becomes LAKESHORE keeping in the right-hand lane. Continue EAST and then NORTH as the LAKESHORE turns into WOODBINE. Continue along WOODBINE 1 block, to lights at KINGSTON RD.. Turn right onto KINGSTON Rd and travel east to BRIMLEY Rd, turn right into first driveway entrance on your right.**From 401:**

Eastbound: Exit SOUTH on BRIMLEY RD. Travel south to just past KINGSTON RD. Turn into 1st driveway entrance on your right. **From 401: Westbound:** Exit Markham Road, South to Kingston Road, West to Brimley, south to first driveway on the right.

FINDING GOD IN ALL THINGS

A CAREGIVERS RETREAT FOR WOMEN



June 13-14, 2009

Scarboro Missions

2685 Kingston Road

Scarborough, Ontario

FINDING GOD IN ALL THINGS

Begins: Sat. June 13st
Registration 9:30 to 10am
Ends: June 14th at 1pm

Finding God in

- Scripture
- Art and Poetry
- Nature
- Dance and Movement
- Decision Making
- In the Dark - Cinema

Come and learn how to find God in the everyday

Facilitators:

MILA NABOR-CUACHON

Retreat Facilitator
Former Miss Philippine for Miss World,
Former Business Owner of Palma Brava,
Graduate Degree in Theology and Spiritual Direction

KATHY MURTHA

Retreat Director, Storyteller
Co-ordinator of Scarborough Mission Retreat Centre,
Graduate Degree in Theology
Lay Missionary Papua New Guinea

KATIE MARSHALL FLAHERTY

Retreat Director, An Award-Winning Poet, Author of three published books, Dramatist and Yoga teacher,
Lay Missionary St. Lucia

We Welcome a Free Will Offering for Food and Lodging

Please phone or email to register by June 8th

- Mila Nabor Cuachon
647-686-6452
milanabor@sympatico.ca
- or
- Kathy Murtha
416-261-7135 Ext 215.
kmurtha@scarboromissions.ca
www.scarboromissions.ca