

**SCARBORO  
MISSIONS**

**SERVING IN FAITH  
GUIDED BY THE SPIRIT**

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# Advent

for You alone my soul  
waits in silence; from the  
Beloved comes my salvation.

Ps. 62:1

## *Catholic Sources of prayer and meditation*

**7:00 p.m. — 9:00 p.m.**

**Tuesday, November 23**

**Wednesday, December 1st, 8th, 15th, 2010**

- Nov. 23:** **THE JOURNEY TO SPIRITUAL INTIMACY**  
**(Tues.)** by Paul T. Harris, Catholic Author of Eight Books on  
Contemplative Prayer and Christian Meditation.
- Dec. 1:** **HILDEGARD OF BINGEN: MYSTIC FOR THE 21ST CENTURY**  
**(Wed.)** by Beth Lou Knox CSJ, power-point presentation  
presenting Hildegard as mystic, poet, artist, botanist and musician.
- Dec. 8:** **MARY, OUR ADVENT GUIDE AND COMPANION**  
**(Wed.)** by Joseph Clarkson, Retired Catholic School Principal,  
Christian Meditation Retreat Director.
- Dec. 15:** **MEDITATING ON THE LIGHT OF CHRIST IN THE FOUR DIRECTIONS**  
**(Wed.)** by Katie Marshall Flaherty, Spiritan Lay Associate, wife,  
mother, youth retreat director, author, meditator.

Scarboro Missions, 2685 Kingston Road, Scarborough, ON  
(corner of Kingston/Brimley)

Inquiries: 416-261-7135 ext 266

No admission fee. Voluntary offering to help defray costs is always appreciated.