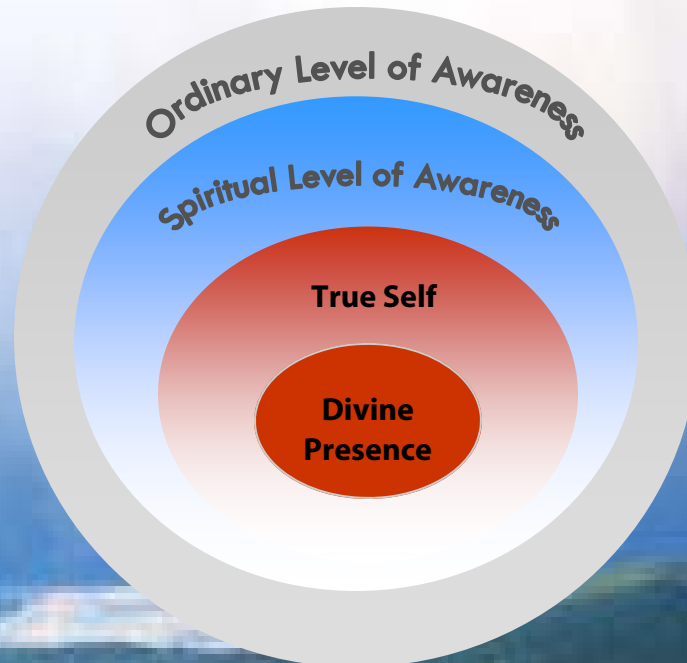


Longing for something more...  
...meditation for Christians

## Centering Prayer & the Spiritual Journey



CENTERING PRAYER is a method of silent prayer which introduces one to silence in the Christian Contemplative tradition. It is at the same time a relationship with God and a discipline to foster that relationship. This method of prayer is a movement beyond conversation with Christ to communion with him.

*...at the still point — there the dance is.... T. S. Eliot*

### SCARBORO MISSIONS

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Thursdays 7:00 pm — 9:00 pm

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