

“We are as much alive
as we keep the earth alive.”
Chief Dan George

“Regard your neighbour’s gain as your
own gain, and your neighbour’s loss as
your own loss.”
Lao Tzu T'ai Shang Kan Yung P'ien

“Treat not others in ways that you
yourself would find hurtful.”
The Buddha

“We affirm and promote respect for
the inter-dependent web of all
existence of which we are a part.”
Unitarian principle



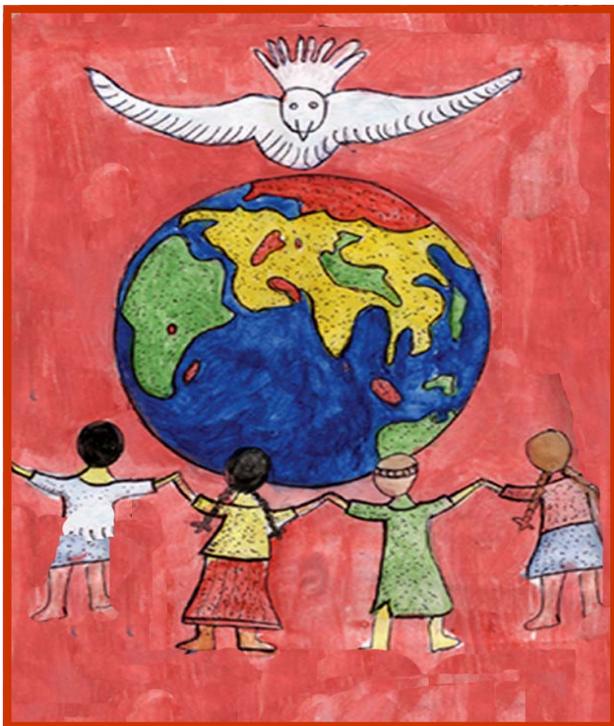
“Our team searched far and wide for an Inter-faith and Inter-culture program for youth. The staff and I participated in a half-day session on the Golden Rule and found just what we needed. Golden Rule Workshops have all the ingredients for a profound life-changing experience for participants. This outstanding program is original, engaging, transformational and most importantly, fun.” *D. Blackmore, Project Director, U4Change.*

“What I found to be valuable and inspirational was the embodiment of the Golden Rule by my students. Through mime, dance, song, movement and the spoken word the Golden Rule became alive...a lived experience. It allowed my students to work together, to collaborate and to learn in a friendly and safe environment.” *Marilyn G., Teacher.*

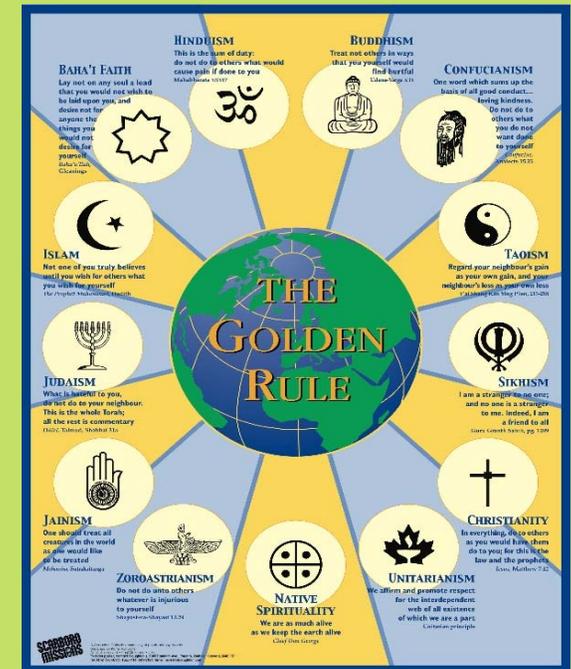
“Thank you for letting me experience a part of me that I don’t tend to reveal. It was inspirational.” *Shauna K., Student*

“I truly enjoyed watching the kids’ wheels turning, their minds being bent a little and their having fun and getting closer to each other, all at the same time. Congrats on a great program!”
M. Halferty, Educator.

“The Golden Rule Retreat works wonderful as a multi-generational retreat where the young and old inspire, co-create and listen to each other. It exemplifies the ethic of reciprocity in a multi-generational dimension.” *S. Muyskens, Interfaith Activist, Wichita, Kansas*



Golden Rule Workshops



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SERVING IN FAITH
GUIDED BY THE SPIRIT
www.scarboromissions.ca

Key Facilitators



Kathy Murtha
Mission Centre Director

has worked for over 20 years as a retreat director, workshop facilitator and motivational speaker for young people and adults. Her work

has been described as “inclusive, enriching, engaging and energizing.”



Kate Marshall Flaherty
is an award-winning poet, yoga/meditation instructor, and founding member of the Children's Peace Theatre. Kate has worked with youth in overseas development and is a lifelong student of

world religions and the interfaith path.



Tina Petrova
has been a vital part of the Canadian entertainment scene for over 20 yrs as an award-winning actress, producer, writer and director. She has walked an Interfaith path, living and

working in Native American, Christian, Buddhist, Hindu and Sufi communities.



Golden Rule Workshops

Scarboro Missions, since 2005, has guided over 4,000 high school students each year in Golden Rule workshops. We have also conducted a multitude of adult workshops including penal institutions, colleges, universities, professional teachers' days and O.P.S .

We are known city-wide for our effective and engaging Golden Rule, Leadership, Inter-Religious/Inter-cultural and environmental workshops for youth and/or adults.

Responding to a need in the wider community for workshops in team-building, Inter-cultural and Inter-religious understanding, Peace-building, Appreciative Inquiry and Leadership, we are willing to host your group at Scarboro Missions or send a Golden Rule team to your community for a day-long or half-day workshop.

Golden Rule workshops are ideal for:

- Front-line youth workers
- Youth at Risk Programs
- Anti-bullying
- Educators
- Faith-based Communities
- Immigration workers
- Community Recreation Centres
- Summer Camp programs
- Specialty Program Coordinators
- Pluralism and diversity training
- Government employees
- Social Workers

We provide training and sharing of resources for those who would like to animate a Golden Rule Workshop for their community. For free downloads visit www.scarboromissions.ca



Essential Elements of a Golden Rule Workshop

(adaptable to specific groups)

- Hospitality
- Ice-breaker and trust-building activities
- Interactive exercises that explore the ethic of reciprocity
- Meditations and reflections from various faith traditions
- Music, movement and multi-media
- Explorations of the Wisdom and Sacred symbols of various Religious and Cultural traditions.
- Drama, role-play, poetry and presentations

